



LISETTE DE JONG

TELEVISION- DIALOGUE ROLES		
2019 The Tender Trap	Denise	Greenstone Pictures
2019 Shortland Street	Ruth Bracewell	South Pacific Pictures
2013 Nothing Trivial	Facilitator	South Pacific Pictures
2004 Shortland Street	Jan Timmons	South Pacific Pictures
2002 Shortland Street	Cheryl Ann	South Pacific Pictures
2000 Street Legal	Karen Riley	Screen Works
In My Room	Presenter 10 Episodes	Triangle Television
Frontline (Re-Enactment)	Karen Everitt	Television New Zealand
Dilemmas	Salesperson	Television New Zealand
WEB SERIES		
2014 It's Mel	Lisa	Web series comedy
2017 What Are We Going to do About Poppet?	Lucy	Web series pilot
SHORT FILMS-		
Lost & Found	Receptionist	Dir: Jeremy Skelton
Snap	Chantelle- Lead	Dir Cristobal Araus Lobos
Painless	Hannah - Lead	Dir: Katie Tate
2d Mobius Dimensions	Helen – Lead	Dir Darcy Gladwin
Say It With Flowers	Louise – Lead	Dir Edward Marlborough
Disturbance	Woman - Lead	Dir Darcy Gladwin
The Sea	Kate Towers - Lead	Dir Damon Keane
TELEVISION COMMERCIALS		
2017 Gift Station	Featured	3 Months on air
2014 Vodafone	Featured	
2005 Mitre 10 Fathers Day	Hero Character	
1999 Sold Com	Featured	Australia
Earlier commercials for	New Idea Magazine, Taraua Cheese, Farmers Stores,	Hewlett Packard, Postbank, Asahi Beer
THEATRE		
2016 We Mean You No Harm Yet	Alien: Neenish Tart (Lead actor & writer)	Dir: Chris Anderson - TAPAC
2014 The Rock	Girlfriend	Dir: Robyn Donnelly - TAPAC
2013 Four Flat Whites in Italy	Italian Woman, Russian Waitress & English Contessa	Dir: Terri de'Ath
2013 This Could be the Start	Sarah	Dir: Robyn Donnelly - Herald Theatre
2012 The World According to Bowser	Pussums	Dir Mark Scott - Herald Theatre
Numerous Productions including London Suite, The Weekend, The Pitchfork Disney	Lead and Support roles	Silo Theatre, Covert Theatre, Dolphin Theatre, Galaxy Theatre, B Side Theatre, Operating Theatre and the George Wood Theatre (London)
SKILLS		
Accents	British Standard, London, RP/ BBC & Cockney, Scottish.	Australian, South African
	Standard American, Southern American, New York	Russian, Italian, French, Dutch
Languages:	French : Fairly Fluent	

Sport:	Sport Fighting, Basic Martial Arts, Yoga, Cycling	Kayak, Swimming
Music:	Roller Skating, Ice Skating, Snow Skiing	Tennis, Badminton, Snooker
Licences:	Drums	
	Car	

TRAINING		
2019 & 2020 Barrish Technique	Tutor Juliet Furness	
2018 Advanced Screen Acting Workshop	Tutors Liz Mullane & Rachel Bullock	
Acting for American Film- Advanced	Tutors: Terri de'Arth and Chris Stewart- TJ Casting	New Zealand
Screen Acting Workshop	Tutors Tom McSweeney and Dave Newman	Australia
Scene Study, screen	Tutors Stephanie Paul, Paul Middleditch, Irene Drake	New Zealand
Stanislavsky Technique	Tutors Anthony Abeson, Experience Bryon	New York
Acting Technique	Tutor Alan Langdon	The Producers Club New York
Acting Technique	Tutor Tony Mannino	The Drama Tree New York
Primal Theatre	Tutor Alec Rubin	Private Tuition New York
Method Acting	Tutor Kenneth McGregor	Jeffrey James Theatre
Improvisation	Tutor Wade Jackson, JD Walsh USA, Karen Herr USA	Improv Productions NZ
Singing	Tutor Susan Lambert	Private Tuition New York
Voice	Tutor Linda Cartwright, Margaret-Mary Hollins	New Zealand